

## Adjusting the Front Suspension

### Spring Preload

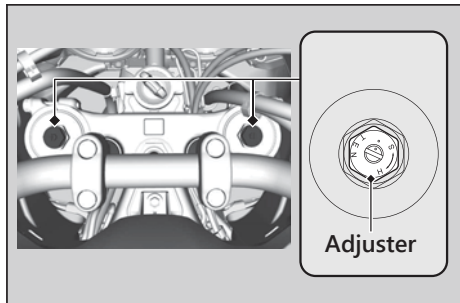
You can adjust the spring preload by the adjuster to suit the load or the road surface. Turn the adjuster using a box end wrench. The spring preload adjuster has 15 turns. Turn clockwise to increase spring preload (hard), or turn counterclockwise to decrease spring preload (soft).

#### CRF1000A

The standard position is the 5 turns from the full soft position.

#### CRF1000D

The standard position is the 8.5 turns from the full soft position.



#### NOTICE

Do not turn the adjuster beyond its limits. Adjust both left and right forks to the same spring preload.