This section tells you how to fine tune your CRF for maximum competition performance.

Initial suspension adjustments should be performed after a minimum of 1 hour of easy break-in time.

Optional rear suspension springs are available in order to tailor your CRF specifically for your weight, riding style and course conditions.

Follow the instructions given in the rear suspension sag setting section of *Rear Suspension Adjustments* to determine if your combined rider and sprung machine weight (rider fully dressed for competition and machine filled coolant, oil and fuel levels ready for competition) requires an optional stiffer or softer rear spring. The need for either optional rear spring may need to be balanced by adjusting the left fork air pressure and oil capacity.

Engine Mode Select Button	134
Current Mode	
Mode Selection	
Front Suspension Adjustments	135
Right Front Suspension Air Pressure	135
Front Suspension Damping	
(Right Fork)	136
Fork Springs (Left Fork)	136
Rear Suspension Adjustments	
Rear Suspension Spring Pre-Load	140
Rear Suspension Damping	
Rear Suspension Race Sag	
Suspension Adjustments for	
Track Conditions	144
Suspension Adjustment Guidelines	145
Tuning Tips	148
Spark Plug Reading	148
Steering Damper Adjustment	149
Steering Damper Damping	
Steering Damper Adjustment Guidelines	150
Chassis Adjustments	151
Rear End	151
Fork Height/Angle	151
Wheelbase	151
Gearing	
Tire Selection for Track Conditions	153
Personal Fit Adjustments	
Control Positioning	
Handlebar Position, Width & Shape	154